



ADOLESCENT FOCUSED MOTIVATIONAL INTERVIEWING WORKSHOP EVALUATION

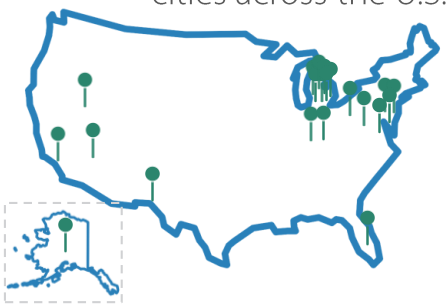


The results are in! Adolescent Focused Motivational Interviewing (MI) Workshops offered by Possibilities for Change deliver proven and effective training. Workshop evaluations over a two year period (2016-2018) reveal a statistically significant increase among participants in the confidence and skills necessary to apply Motivational Interviewing in real-world practice with youth.

NATIONWIDE MI WORKSHOPS

378 
total MI workshop participants

21 
workshops held in **20**
cities across the U.S.



 **282**
participants completed the evaluations and are included in the results presented here

AFTER ATTENDING THE MI WORKSHOP...

Participants were **MORE CONFIDENT TALKING WITH YOUTH** about changing their risky behaviors



*This result from the paired samples t-test is statistically significant (p<0.001)

Participants rated their **SKILLS** in counseling youth on changing their risky behavior as **MORE EFFECTIVE**



*This result from the paired samples t-test is statistically significant (p<0.001)



of participants said they would **USE THE MOTIVATIONAL INTERVIEWING STRATEGIES** when counseling youth

WHAT ARE PARTICIPANTS SAYING ABOUT THE MI WORKSHOP?

"This training totally changed how I talk with my teen patients. I can already see the difference it is making in their attitudes and what they share with me!"

-Las Vegas, NV

"I have been through a lot of trainings and this training really blew me away. I believe this was one of the best trainings that I have attended, giving me practical tools to take back and use with teens."

-Bronx, NY

"The trainers did an excellent job with modeling, teaching, and practicing skills and techniques alongside participants."

-Flint, MI